

Background Readings for the “It’s All Under Control” 2015 Library Series

For Dr. Scott MacDougall-Shackleton’s April 9th talk: **“How Biological Clocks Make us Tick”**

Rhythms of life : The biological clocks that control the daily lives of every living thing / Russell G. Foster & Leon Kreitzman/ Profile Books/ 2004 (Available at LPL)

Seasons of Life: The Biological Rhythms that Enable Living Things to Thrive and Survive / Russell G. Foster & Leon Kreitzman (**NOT Available at LPL**) But available at:
http://www.amazon.ca/Seasons-Life-Biological-Rhythms-survive/dp/0300167865/ref=sr_1_3?ie=UTF8&qid=1426261333&sr=8-3&keywords=Seasons+of+life

For Dr. Peter Hoaken's April 16th talk: **“Control: Its Role in Crime and Corrections”**

Born, not raised: Voices from Juvenile Hall / Susan Maen Lankford (Available at LPL)
Humane Exposures Pub. | c2012

Youth violence and delinquency: Monsters and myths / edited by Marilyn D. McShane and Frank P. Williams III / Praeger/2007 (Available at LPL)

The better angels of our nature : Why violence has declined / Steven Pinker / Viking/ 2011 (Also relevant for Dr. Morton's talk) (Available at LPL)

The anatomy of violence: The biological roots of crime / Adrian Raine/ Pantheon Books /2013 (Available at LPL)

Evil or Ill / Lawrie Reznick/ Routledge/1977 (**Not** available at LPL) . But available at :
http://www.amazon.ca/Evil-III-Justifying-Insanity-Defence/dp/0415166993/ref=sr_1_1?ie=UTF8&qid=1426527301&sr=8-1&keywords=Evil+or+Ill

For Dr. Jody Culham's April 23rd talk: **“How the Mind Can Control Machines”**

The Man with the Bionic Brain/ John Mukland (**Not** available at the LPL) But available at:
http://www.amazon.ca/Man-Bionic-Brain-Victories-Paralysis-ebook/dp/B008B945E4/ref=sr_1_53?s=books&ie=UTF8&qid=1415207510&sr=1-53&keywords=brain+computer+interface

The Scientific American Brave New Brain (**Not** available at the LPL) But available at:
http://www.amazon.ca/Scientific-American-Brave-Brain-Psychopharmacology/dp/B00HS7K634/ref=sr_1_11?ie=UTF8&qid=1415207023&sr=8-11&keywords=brain+machine+interface

The Future of the Mind/ Michio Kaku/ Doubleday/ 2014 (Available at LPL in multiple formats)

How to Create a Mind/Ray Kurzweil / Viking Press/ 2012(Available at LPL in multiple formats)

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For Dr. J Bruce Morton's April 30th talk: “The Development of Self Control in Children and Adolescents”

The marshmallow test: Mastering self-control / Walter Mischel (Available at LPL)
Little, Brown and Company | 2014

Focus: The hidden driver of excellence / Daniel Goleman/ Harper/ 2013 (Available at LPL)

Raising a self-disciplined child: Help your child become more responsible, confident, and resilient / Robert Brooks & Sam Goldstein/ McGraw-Hill / 2007 (Available at LPL)

The better angels of our nature: Why violence has declined / Steven Pinker (Also relevant for Dr. Hoaken's talk)/ Viking/ 2011 (Available at LPL)

A free online resource: The Executive Functioning chapter of the *Encyclopedia of Early Childhood Development*: <http://www.child-encyclopedia.com/executive-functions>